



Middletown, DE Author Publishes Breastfeeding Book

This Book is a Funny and Honest Look at Breastfeeding

101 Boobilicious Moments, a new book by Michelle F. Creeden, has been released by Dorrance Publishing Co., Inc.

Breastfeeding can be very challenging for new—and experienced—mothers. Just ask author Michelle F. Creeden. When she breastfed her children, she felt very alone and noticed no one really talked about it. And when people did talk, it was rainbows and butterflies. Not for her! It hurt! She needed support.

Michelle used humor to get her through some tough times—to get her through the next day, week, month, and year. She wants to help other mothers and families. With her book, *101 Boobilicious Moments*, she hopes she can give strength to other breastfeeding moms, reminding them of the amazing health benefits for both baby and mom and the absolutely beautiful nurturing aspect.

About the Author

Michelle F. Creeden is a fulltime working mom. She loves to sing and dance with her family—the louder and crazier, the better. She enjoys finding shapes in the clouds. Chocolate is her favorite food group. And in her free time, she clips coupons.

101 Boobilicious Moments is a 126-page paperback with a retail price of \$13.00. The ISBN is 978-1-4809-5850-0. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.