



Belgium Author Publishes Memoir

This Memoir Shows the Beginning of a Woman's New Life after the End of Her First Marriage

Another Minced Meat Year: Trust the Process, a new book by Vee Vynck, has been released by Dorrance Publishing Co., Inc.

Part diary, part travel account, *Another Minced Meat Year: Trust the Process* follows Vee Vynck as she struggles along a path of self-discovery. Beginning with the end of her first marriage, Vee intersperses the present with bits of the past, discussing her toxic relationships as well as her insights. Throughout the journey, she's able to uncover which personal traits attract the partners she has had in order to adjust both herself and her path. She's able to grow spiritually into the power she always had deep within. Vee's spiritual awakening allows her to finally forge her own unique path. You can press the reset button any time, start over, make different choices and grow into the best version of yourself.

Also included in the book are references to other authors, articles, and YouTube videos.

About the Authors

Vee Vynck is a licensed legal and pharmaceutical translator with over 20 years of experience in the field. She has always been passionate about her work, language in general, and the spoken and written word. Some of her clients have been with her since the very beginning, a real testament to both her passion and her process.

An avid horse lover, Vee started a private shelter for abused horses, healing and "fixing" them – with no government aid whatsoever. Vee lives in Belgium. She has two grown daughters. This is her first published book.

Another Minced Meat Year: Trust the Process is a 194-page paperback with a retail price of \$16.00. The ISBN is 978-1-6453-0121-9. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.