



**Columbia, MD Doctor & Author Publishes Healthcare Book**

**This Book is a Guide to Curing Your Back Pain**

*Say Goodbye to Back Pain!*, a new book by Dr. Tiffany T. Butler, has been released by Dorrance Publishing Co., Inc.

*Say Goodbye to Back Pain!* is a self-help guide for people who experience back pain. This informative book includes many helpful topics, including what causes back pain, what to do and what not to do, treatment options, and preventative care.

Dr. Tiffany T. Butler is the founder and CEO of Harmonious Living Chiropractic: Fitness & Wellness Center, in Laurel, Maryland, a healthcare center dedicated to providing alternative healthcare services for people who suffer from diseases of the body that is expressed as musculoskeletal complaints. Dr. Butler's approach to helping patients is simple: Take care of the person and not the condition. Then and only then will healing begin.

**About the Author**

Dr. Tiffany T. Butler enjoys reading, traveling, indoor rock climbing, and being in the great outdoors. One of her favorite places to escape is the bookstore. She loves spending time with her family and friends; building lasting relationships is important to her. The community has a special place in her heart, so conducting educational health workshops, volunteering, and contributing financially is rewarding.

*Say Goodbye to Back Pain!* is a 218-page paperback with a retail price of \$17.00. The ISBN is 978-1-4809-2871-5. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore [www.bookstore.dorrancepublishing.com](http://www.bookstore.dorrancepublishing.com).