



Cocoa Beach, FL Doctor & Author Publishes Memoir

The Inspiring Memoir of Early 2019 - From Poverty to “Rock Star of Science”!

Defining Moments of a Free Man from a Black Stream, a new book by Dr. Frank L. Douglas, has been released by Dorrance Publishing Co., Inc.

From growing up in poverty to developing drugs that fight diabetes, seizures, and cancer, Dr. Frank L. Douglas has lived a life based on values, hard work, and self-control. *Defining Moments of a Free Man from a Black Stream* is a reflection on the events and people that made him into the man he is.

In 1963, the year of the murder of Medgar Evers, Civil Rights marches, and the assassination of President John F. Kennedy, twenty-year-old Douglas arrived in the United States. A Fulbright scholar from British Guiana, Douglas studied engineering at Lehigh University, received his Ph.D. and M.D. from Cornell University, and did his Residency in Internal Medicine at Johns Hopkins. A curious and motivated young man from a colonial country struggling for independence, Douglas was shocked by the racism he received from white Americans and the cultural prejudice he received from black Americans. Struggling with his faith and identity, Douglas decided to control his own future through grit, hard work, and the road less travelled.

Intimate and honest, incisive and searching, *Defining Moments of a Free Man from a Black Stream* is a memoir of self-determination and blazing your own path in a narrow-minded world.

About the Author

Dr. Frank L. Douglas grew up in British Guiana with his mother and four siblings. His love of education earned him a Fulbright Scholarship and he came to America during the turbulent years of the 1960s. He worked at Ciba Geigy and Aventis, and was involved in pharmaceutical research for drugs that treat tuberculosis, arthritis, diabetes, seizures, cancer, and pulmonary embolism, among others.

Douglas has received the Global Pharmaceutical Research and Development Director of the Year Award in 2001 and 2004; the Lifetime Achievement Award from the National Organization for the Professional Advancement of Black Chemists and Chemical Engineers in 2002; the Black History Maker Award in 2007; the Geoffrey Beene Foundation and GQ Magazine Rock Star of Science in 2010; and the Caribbean Heritage Award for Entrepreneurship in 2011 Douglas wrote *Defining Moments of a Free Man from a Black Stream* in honor of all who helped him on his journey.

Defining Moments of a Free Man from a Black Stream is a 332-page paperback with a retail price of \$21.00. The ISBN is 978-1-4809-9481-2. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.