



Dirty Thirty: A Memoir, a new book by Billie Proffitt, has been released by Dorrance Publishing Co., Inc.

With a plethora of experiences by her late twenties, Billie Proffitt still felt overwhelmed by the pressure of deciding what she wanted. Raised that well-being is more valuable than the “should’s” of society, she examined not only the roads less traveled, but also the ones that nobody else saw. Her willingness to forge on even as these were littered with pitfalls, paint these non-chronological stories which make up the thirty most important lessons she learned by thirty. Believing as author Natalie Babbitt suggested, that it isn’t death to be feared, “but rather the unlived life,” this gifted storyteller marks the up’s, down’s, backward and eventual steps forward in life that span the range of human emotions. Billie is a bright, quirky, honest young woman who captures the beauty of the human condition with passion and humor - insight and determination. *Dirty Thirty* doesn’t evoke wistful regret for life’s lost opportunities, but instead inspires reaching toward the great days ahead that yet have to be lived.

About the Author

Billie Proffitt has written in the art industry for publications, authors, galleries and artists across both her travels, and the various places she’s called home. An avid athlete, art enthusiast, nature and animal lover, she brings her big personality wherever she goes. From near-death experiences to racing sailboats, to big-city living, desert excursions and everything in between - dragging every experience out of life is her desire. She now lives alone in West Hollywood, California, which often includes the company of her family’s various black labs and friends from afar as guests.

Visit the author’s website at <http://www.annetteproffittproductions.com/> and follow her on Facebook at <https://www.facebook.com/annetteproffittproductions/>.

Dirty Thirty: A Memoir is a 416-page paperback with a retail price of \$25.00. The ISBN is 978-1-4809-4367-4. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. It is also available in hardcover and eBook. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.