



**Abingdon, VA Author Publishes Memoir**

**In This Memoir a Man Tells of His Depression and Eventual Road to Happiness**

*Flower Dog Man*, a new book by Kirk Abner, has been released by Dorrance Publishing Co., Inc.

Kirk Abner's life was normal. Aspirational, even. His childhood was enjoyable. His parents were loving and successful. He attended private school, and by the time he finished college, some of his work was recognized by President Ronald Reagan.

But what looked like happiness on paper couldn't be further from the truth. By the time Kirk turned forty-one-years old, he was overwhelmed. Life was not what he hoped it would be. Disappointments led to frustration which fueled anger. After months and years of the same, it turned to depression. Finally, he had become suicidal.

While Kirk courageously persevered from a state of despair to overcome his suicidal disposition, his experience begs the question: How does a person with a strong and healthy upbringing reach such a drastic conclusion - to commit suicide?

Kirk confronts this critical question in *Flower Dog Man* - and offers compelling answers that can strengthen any person's resolve to live, and live meaningfully.

*Flower Dog Man* is a 50-page paperback with a retail price of \$18.00. The ISBN is 978-1-4809-9171-2. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore [www.bookstore.dorrancepublishing.com](http://www.bookstore.dorrancepublishing.com).