



**Nazareth, PA Author Publishes Memoir**

**In this Memoir a Man Celebrates all the Ups and Downs in His Life**

*How I Came to Be Me: Understanding People*, a new book by Joseph P Bartko, has been released by Dorrance Publishing Co., Inc.

*How I Came to Be Me: Understanding People* is the lifelong journey of Joseph P Bartko, dictating how every choice and chance meeting led him to be the person he is now. His jobs; his religion; his successful and failed relationships—all shaped the man he became and, in the end, he's grateful for every experience. Never look back on your past and regret, and remember to celebrate how you became you.

**About the Author**

Joseph P Bartko is retired, living in Pennsylvania near his children. He enjoys outdoor activities.

*How I Came to Be Me: Understanding People* is a 112-page paperback with a retail price of \$12.00. The ISBN is 978-1-4809-9106-4. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore [www.bookstore.dorrancepublishing.com](http://www.bookstore.dorrancepublishing.com).