

FOR IMMEDIATE RELEASE

Franklin, MA Author Publishes Journal Book

This Book Provides the Reader with a Motivation for Journaling

Life Long Bucket List, a new book by Kim DiCarlo, has been released by RoseDog Books.

Life Long Bucket List is a journal to keep track of your personal goals, dreams, and the way you want to be. Start when you're young or when you retire, age doesn't matter when it comes to achieving your dreams. The purpose of this journal is to be a motivational tool that you can reflect back on in future years.

The creator Kim DiCarlo lives in MA with her husband and has four children. Her inspiration to make this book came from her children. Two are grown now and are following their dreams now and two are teenagers living at home. What inspired her most was observing how goals change and how they are forgotten as her children grew older. Writing down your goals and having the motivation to achieve them is what she had in mind for her children. "That's on my bucket list" is a common phrase Kim says when she accomplishes what she sets her mind on, this phrase is to teach her children if they work hard and want something bad enough they will make it happen.

Life Long Bucket List is a 108-page paperback with a retail price of \$21.00. The ISBN is 978-1-4809-7735-8. It was published by RoseDog Books of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.rosedogbookstore.com.