



**Bellaire, TX Author & Doctor Publishes Book on Modern Society**

**In This Book a Doctor Looks at all Aspects of Human Kindness**

*The Anatomy of Human Kindness*, a new book by Chi C. Mao, has been released by Dorrance Publishing Co., Inc.

In this examination of contemporary American society, Chi C. Mao, M.D., Ph.D. reminds us that human kindness is a double-edged sword. Rightful use can help—but the misuse of kindness can be destructive to not only individuals, but to society, the country and the very survival of our species. His keen observations on the sad changes in U.S. culture have provoked this treatise on the dangers of kindness and the effects it has had on the American spirit in recent years.

In the distribution of kindness, Dr. Mao states: “One, do no harm. Two, use it in a most effective way.”

**About the Author**

Chi C. Mao, M.D., Ph.D. holds a Ph.D. in medical physiology and a M.D. degree in internal medicine certified by American Board of Internal Medicine and the American Board of Stem Cell and Fat Transfer Physicians. He is also a certified wound care and hyperbaric oxygen practitioner. He has devoted thirty years to private medical practice and eighteen years as the chief Medical Officer in three hospital campuses of Select Specialty Hospitals in Houston. He is a member of The International Association of Internists as a Leading physician of the World.

Dr. Mao is a tremendously versatile person. He has dedicated years in scientific research at National Institute of Mental Health in the fields of neuro-pharmacology and brain chemistry. He has numerous scientific publications and invited presentations at national and international scientific conferences. Dr. Mao has profound interests and expertise in anti-aging medicine. Furthermore, he always has keen observation and feelings toward social sciences and social justice. Dr. Mao is also a Tai Chi kung fu gold medalist and an established oil painting artist. He is the founding president of two organizations, namely Chinese American Doctors Association of Houston (CADAH) and Advanced Life & Wellness Institute, Inc. He is the current president of CADAH Foundation, and the vice president and medical director of Houston International Health Foundation.

*The Anatomy of Human Kindness* is an 88-page paperback with a retail price of \$11.00. The ISBN is 978-1-4809-5251-5. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore [www.bookstore.dorrancepublishing.com](http://www.bookstore.dorrancepublishing.com).