



Grand Rapids, MI Author Publishes Poetry

This Book Shares Universal Truths in the form of Beautiful Poetry

Poems of Love, Struggle, and Change, a new book by Merredith F. Perkins, Ph.D., has been released by Dorrance Publishing Co., Inc.

If someone had said to her twenty-five years ago that she would be living the life she's living, Merredith F. Perkins, Ph.D. would have questioned his or her sanity. She would have been an ardent disbeliever. The fortune of writing was bestowed upon her a long time ago, but she did not know that twenty-five years of reflective writing and her poems would show up in a book at this stage of her life.

In her golden years, Dr. Perkins is writing and sharing her poetry with the public to show that we all have a lot in common and that we all stumble humbly through our life's journey. In taking stock of her life and understanding a little bit of what her life has been for, she is learning that the puzzle pieces were being laid on a path long before she arrived at that path.

Poems of Love, Struggle, and Change is a collection of poetic expressions on topics about love in relationships, struggling with expressions of self-awareness, and engaging in the friction of self-discovery as a way to gauge internal and external explorations as life unfolds.

About the Author

Merredith F. Perkins, Ph.D. is retired from the Prince George's County Public School System. She currently volunteers for the Summer Literacy Program at the library and loves interacting with the children in her community. She is proud to honor speaking engagements with audiences at organizations.

Dr. Perkins is the author of three previous books. *Hi, It's Me – A Memoir by Toismom* and *The Saga of Toi and Me – A Memoir* recount the powerfully moving reminiscence of her life with her daughter who died all too early at the age of thirty-nine. *Just a Moment: A Conversation* is a collection of personal experiences and exercises to encourage self-reflection and self-improvement.

Poems of Love, Struggle, and Change is a 74-page paperback with a retail price of \$11.00. The ISBN is 978-1-4809-5952-1. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.