



**Arlington, WA Author Publishes Memoir**

**In This Memoir the Author Details His Life as a First Responder and Cancer Survivor**

*Sometimes a Hero (Sometimes Not)*, a new book by John Jacobson, has been released by Dorrance Publishing Co., Inc.

This book is a glimpse into the author's life as an EMT, Paramedic, Firefighter, and Cancer Survivor.

From the Author: "They come from around the world each year, over 1,800 firefighters, to race up 69 floors of the Columbia Center in Seattle. Carrying over fifty pounds of firefighting gear and breathing only the air they carry on their backs. Some race for the fastest time, others for the challenge. All do it to raise money for the Leukemia and Lymphoma Society. I did it hoping for a cure."

*Sometimes a Hero (Sometimes Not)* is a 276-page paperback with a retail price of \$19.00. The ISBN is 978-1-4809-4400-8. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore [www.bookstore.dorrancepublishing.com](http://www.bookstore.dorrancepublishing.com).