



Linville, NC Author Publishes Cookbook

In This Book an Expert Cook Shares Her Recipes for Great Sunday Meals

Sunday Best Dishes: A Cookbook for Passionate Cooks, a new book by Jorj Morgan, has been released by Dorrance Publishing Co., Inc.

Sunday is the day we relax, worship, cheer on our team, picnic, and generally share time together. Cooking is an excellent way to unwind; a passionate hobby with results that are deliciously shared with friends and family. Combining the two thoughts, Sundays are the best day to have fun in the kitchen.

Whether you're perfecting your potluck dish to share with friends, packing up a family picnic for a group hike, besting your burger for your pre-game tailgate party, or working on a new skill yielding gourmet results, it's not all about food—it's about how you invent it and who you share it with. What better day to begin than Sunday!

About the Author

Jorj Morgan is the author of several books whose subjects range from entertaining to cooking to health and wellness. Her current book, *Sunday Best Dishes: A Cookbook for Passionate Cooks*, is the culmination of years of culinary experience blended with the reality of the time-constrained contemporary family lifestyle.

Jorj offers recipes and entertaining tips on her blog, featured at <http://jorj.com/>. She also offers interactive cooking classes and demonstrations in her hometown of Linville, North Carolina, and in Jupiter, Florida.

Most importantly, Jorj is a mom and a nana. She has three married sons and three wonderful grandchildren. Jorj offers advice for busy families in the Nana Network section of her website and on her Facebook page - <https://www.facebook.com/jorjmorgancooking/>. She is most passionate about cooking for family and friends while offering excellent nutritional recipes. *Sunday Best Dishes* is the icing on the cake of a long and yummy career.

Sunday Best Dishes: A Cookbook for Passionate Cooks is a 348-page hardcover with a retail price of \$29.95. The ISBN is 978-1-4809-4049-9. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.