



Goldsboro, NC Author Publishes Poetry

This Book is Filled with Philosophical Poetry about Finding True Self

The Ocean of OM: Thou Art That, a new book by Joel Bancroft, has been released by Dorrance Publishing Co., Inc.

The Ocean of OM: Thou Art That is a short book of philosophical poetry. It is born out of the Universal Contemplative Tradition, although it has great affinity to the Advaita Vedanta. It is about arriving at True Peace, about realizing and remembering the True Self. OM is that Silent Peace that is present everywhere, yet often goes unnoticed because of its subtlety. This Silent Peace is Reality and the True Self is behind the person who seeks.

The Ocean of OM: Thou Art That is a continuation of the author's work which started in his first book, *The Hidden-Self of Sheer Silence*. While *The Ocean of OM* is a poetic work focused on the Silent Non-dual Reality of the SELF, *The Hidden-Self* was a devotion work of prose. This transition from devotion to the Silent Non-dual Reality, from Bhakti to Jnana, is not commonly experienced or written about. The author speaks from his experience of crossing this bridge classically termed Tat Tvam Asi-Thou Art That.

The Ocean of OM: Thou Art That is a 168-page paperback with a retail price of \$15.00. The ISBN is 978-1-6442-6194-1. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore www.bookstore.dorrancepublishing.com.