

RoseDog Books

Rocklin, CA Author Publishes Book on Self-Realization

This Book is Part Memoir and Part Helpful Guide to Self-Realization

The Urban Yogi, a new book by Noel Carroll Gilbert, has been released by RoseDog Books.

From the author: “I am writing this book because I have been knocking on God’s door a lot and I believe he is about ready to open it for me... I have been slipping in and out of realization and thought I should at least record it for those people who need the breadcrumbs to follow and who need inspirational stories to help them move further down their spiritual path... The real reason I am writing this book is that God told me to... We will get into this! ...His divine orchestration... His will, verses your will... How to recognize his will... Yes! ...The reason I am writing this book is because: what is true in God anywhere, is true in God everywhere... You cannot go there by hoarding the knowledge to the path... What goes in must come out... It is a law of nature, like gravity... Or if you do not use it, you lose it... or, on the other hand, if you abuse it, you lose it.

May God’s Love for you, always be upper most on your mind and heart. With all my love, Namasta.”

The Urban Yogi is a 264-page paperback with a retail price of \$44.00. The ISBN is 978-1-6442-6745-5. It was published by RoseDog Books of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.rosedogbookstore.com.